


Yu-Ai Kai Activities Calendar April/May/June 2024

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u>Handicrafts</u> <i>*In-Person</i> 9:00 – 11:30am \$10.00 Annual Supplies Fee *This a Volunteer Group that makes items to benefit Yu-Ai Kai.</p> <p><u>Japanese Conversation Club</u> with Makiko Flaherty <i>*In-Person</i> 1st Monday of Each Month 11:00am – Noon \$3.00 Senior Club Member \$9.00 Non-Member (Class maybe full, please inquire about Wait List)</p> <p><u>Tech Drop-In</u> with Jess Hutchins <i>*In-Person</i> Last Monday of Each Month Noon – 1:15pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p><u>Intermediate Japanese 2</u> with Sachie Tsujita <i>*ZOOM</i> 2nd and 4th Mondays 4:00 – 5:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p><u>Finding Peace Within – Your Yoga Class</u> with Yuki Ascue <i>*ZOOM</i> 5:45 – 6:45pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p><u>Advanced Japanese</u> with Mickie Grace <i>*ZOOM</i> 8:00 - 9:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p>	<p><u>Market Day</u> (Indoor Wholesale Farmers Market) <i>*In-Person</i> 2nd & 4th Tuesdays 10:00 – 11:30am Cash Payment Only</p>	<p><u>Advanced Ikebana</u> with Hideko Sakamoto <i>*In-Person</i> 1st Wednesday of Each Month 1:00pm Senior Club Members Only *Must Call YAK To Pre-Register *Must Pay At Registration \$10.00 Materials Fee \$3.00 Room Fee (Non- Refundable)</p> <p><u>Beginning Ikebana</u> with Hideko Sakamoto <i>*In-Person</i> 1st Wednesday of Each Month 2:30pm Senior Club Members Only *Must Call YAK To Pre-Register *Must Pay At Registration \$10.00 Materials Fee \$3.00 Room Fee (Non- Refundable)</p> <p><u>Bingo!</u> with Derek Ives <i>*In-Person</i> Last Wednesday of Each Month 1:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p><u>Monthly Movie</u> with Derek Ives <i>*Hybrid</i> 2nd Wednesday of Each Month 1:00pm *Free for Current Sr. Club Members, Non-Members \$3 Suggested Donation</p> <p><u>Momiji Kai (Karaoke)</u> <i>*In-Person</i> 1st and 3rd Wednesdays 4:00 – 6:30pm \$3.00 Senior Club Member \$9.00 Non-Member</p>	<p><u>Arts and Crafts</u> with Naomi Oda <i>*In-Person</i> 9.00 – 11:30am \$3.00 Senior Club Member \$9.00 Non-Member (Class maybe full, please inquire about Wait List)</p> <p><u>GO</u> With Tom and Kathy Allen <i>*In-Person</i> 1:00 – 3:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p><u>Intermediate Japanese 1</u> with Cara Sakurai <i>*ZOOM</i> 1st and 3rd Thursdays 6:00 – 7:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p>	<p><u>Clipper Card (VTA & More)</u> with Roxanne Coulon <i>*In-Person</i> 2nd Friday of Each Month 11:30am – 12:30pm *Free</p> <p><u>Karaoke</u> <i>*In-Person</i> 1st, 2nd & 3rd Fridays 1:30 – 3:30pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p><u>Ohakamairi</u> Driven by YAK Staff <i>*Oak Hill Cemetery</i> Last Friday of Each Month 2pm \$3/each: Assorted Flowers Bunch</p>
	<div style="border: 2px solid black; background-color: yellow; padding: 10px;"> <p>To register for classes please contact:</p> <p style="text-align: center;">Derek Ives dives@yuaikai.org (408) 294-2505 ext. 512</p> <p style="text-align: center;">Or</p> <p style="text-align: center;">Cheryl Butsuda cbutsuda@yuaikai.org (408)753-9283</p> <p style="text-align: center;">Or View our Website: www.yuaikai.org</p> </div>		<p>(Starting in June, Please call ahead of time as some classes may be on break)</p>	 <p>Tatsu (Dragon)</p>

***We are currently holding both ZOOM and HYBRID (In-Person & ZOOM) Classes. In-Person classes follow YAK COVID-19 and Santa Clara Country Guidelines. Classes are subject to change pending current conditions/restrictions.

Akiyama Activities Calendar April/May/June 2024

<u>Monday</u>	<u>Tuesday</u>	<u>Tuesday Cont'd</u>	<u>Thursday</u>	<u>Friday</u>
<p>Tech Drop-In with Jess Hutchins <i>*In-Person</i> Last Monday of Each Month 9:00 – 11:00am \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Getting Started w/iPad with Jess Hutchins <i>*ZOOM</i> 11:00am – Noon \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>iPad Class with Jess Hutchins <i>*ZOOM</i> 1:30 – 3:30pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Nirvana Fitness with Megumi Riel <i>*ZOOM</i> 4:00 – 5:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Beginning Japanese with Emi Kume <i>*ZOOM</i> 6:00 – 7:30pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>(Starting in June, Please call ahead of time as some classes maybe on break)</p>	<p>Five Branches Acupuncture (Appointment Only) <i>*In-Person</i> 9:30 – 11:30am FREE – donations welcome Sr. Club Members- Appointment Priority</p> <p>Enhance Fitness with Judy West <i>*HYBRID</i> 10:00 - 11:00am \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Yoga Basics (Beginning) with Jeanne Wun <i>*ZOOM</i> 8:45 – 9:30am \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Yoga Flow with Jeanne Wun <i>*ZOOM</i> 10:00 – 11:00am \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Let's Put on Kimono/Yukata by Yourself! with Megumi Riel <i>In-Person</i> 11:00am – 12:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Senior Dancers with Shizuyo Cole <i>*In-Person</i> 1:00 – 2:30pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Nirvana Fitness with Megumi Riel <i>*ZOOM</i> 4:00 – 5:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Adult Beginning Ballet with Megumi Riel <i>*ZOOM</i> 5:45 – 6:45pm \$3.00 Senior Club Member \$9.00 Non-Member</p>	<p>Face Yoga with Megumi Riel <i>*ZOOM</i> 7:00 - 7:30pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Wednesday</p> <p>Hatha Yoga with Natalia Dondoyano <i>*In-Person</i> 7:00 – 8:00am \$5 Senior Club Members \$20 Non-Member <i>*Hatha Yoga is an independent rental offering a discount to Yu-Ai Kai Senior Club Members.</i></p> <p>Bocce Ball with Jeff Sera 2nd and 4th Wednesdays <i>*In-Person</i> 9:00 – 10:00 am \$3.00 Senior Club Members \$9.00 Non-Members</p> <p>Five Branches Acupuncture (Appointment Only) <i>*In-Person</i> 9:30 – 11:30am FREE – donations welcome Sr. Club Members – Appointment Priority</p> <p>Qigong with Masa <i>*ZOOM</i> 9:30 – 11:00am \$3.00 for Sr. Club Members \$9.00 for Non-Members</p> <p>Reiki Treatment Session with Jeff Sera (Appointment Only) <i>*In-Person</i> 2nd and 4th Wednesday 10:30am – Noon \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Nirvana Fitness with Megumi Riel <i>*ZOOM</i> 4:00 – 5:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p>	<p>Nirvana Fitness with Megumi Riel <i>*HYBRID</i> 9:00 – 10:00am \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Mahjong with Ruby Saito <i>*In-Person</i> 10:00am – Noon \$3.00 Senior Club Members \$9.00 Non-Members</p> <p>Yoga Flow with Jeanne Wun <i>*ZOOM</i> 10:00 – 11:00am \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Enhance Fitness with Judy West <i>*HYBRID</i> 10:00 - 11:00am \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>iPad Class with Jess Hutchins <i>*ZOOM</i> 11:00am – 1:00pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>LaBlast with Megumi Riel <i>*HYBRID</i> 11:15am – Noon \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Tai Chi with Lisa Wangsness & Tom Tan <i>*In-Person</i> 1:00 – 2:00 pm \$3.00 Senior Club Member \$9.00 Non-Member</p>	<p>Posture Fit with Nancy DeMattei <i>*HYBRID</i> 10:00 – 11:00am \$3.00 Senior Club Member \$9.00 Non-Member</p> <p>Enhance Fitness with Natalia Dondoyano <i>*HYBRID</i> 11:15am – 12:15pm \$3.00 Senior Club Member \$9.00 Non-Member</p> <div data-bbox="1642 703 1984 1084" style="border: 1px solid black; background-color: yellow; padding: 5px;"> <p>To register for classes please contact: Derek Ives dives@yuaikai.org (408) 294-2505 ext. 512 Or Cheryl Butsuda cbutsuda@yuaikai.org (408)753-9283 Or View our Website: www.yuaikai.org</p> </div> <div data-bbox="1642 1156 1921 1393" style="text-align: center;"> </div> <p>Tatsu (Dragon)</p>

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