# Yu-Ai Kai Activities Calendar April/May/June 2024

# Monday

## Handicrafts

\*In-Person
9:00 – 11:30am
\$10.00 Annual Supplies Fee
\*This a Volunteer Group that makes items to benefit
Yu-Ai Kai.

## Japanese Conversation Club with Makiko Flaherty

\*In-Person 1<sup>st</sup> Monday of Each Month 11:00am – Noon \$3.00 Senior Club Member \$9.00 Non-Member (Class maybe full, please inquire about Wait List)

### Tech Drop-In with Jess Hutchins

\*In-Person Last Monday of Each Month Noon – 1:15pm \$3.00 Senior Club Member \$9.00 Non-Member

## Intermediate Japanese 2 with Sachie Tsujita

\*ZOOM 2<sup>nd</sup> and 4<sup>th</sup> Mondays 4:00 – 5:00pm \$3.00 Senior Club Member \$9.00 Non-Member

Finding Peace Within – Your Yoga Class

<u>with Yuki Ascue</u> \**ZOOM* 5:45 – 6:45pm \$3.00 Senior Club Member \$9.00 Non-Member

Advanced Japanese with Mickie Grace \*ZOOM 8:00 - 9:00pm \$3.00 Senior Club Member \$9.00 Non-Member

# Market Day

(Indoor Wholesale Farmers Market) \*In-Person 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays 10:00 – 11:30am Cash Payment Only

Tuesday

To register for classes

please contact:

Derek Ives

dives@yuaikai.org

(408) 294-2505 ext. 512

Or

**Cheryl Butsuda** 

cbutsuda@yuaikai.org

(408)753-9283

**Or View our Website:** 

www.yuaikai.org

# **Wednesday**

# Advanced Ikebana

with Hideko Sakamoto \*In-Person 1st Wednesday of Each Month 1:00pm Senior Club Members Only \*Must Call YAK To Pre-Register \*Must Pay At Registration \$10.00 Materials Fee \$3.00 Room Fee (Non- Refundable)

# Beginning Ikebana

with Hideko Sakamoto \*In-Person 1<sup>st</sup> Wednesday of Each Month 2:30pm Senior Club Members Only \*Must Call YAK To Pre-Register \*Must Pay At Registration \$10.00 Materials Fee \$3.00 Room Fee (Non- Refundable)

# Bingo!

## with Derek Ives

\*In-Person Last Wednesday of Each Month 1:00pm \$3.00 Senior Club Member \$9.00 Non-Member

## <u>Monthly Movie</u> with Derek Ives

\*Hybrid 2<sup>nd</sup> Wednesday of Each Month 1:00pm \*Free for Current Sr. Club Members, Non-Members \$3 Suggested Donation

Momiji Kai (Karaoke) \*In-Person 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays 4:00 – 6:30pm \$3.00 Senior Club Member \$9.00 Non-Member

# **Thursday**

## <u>Arts and Crafts</u> with Naomi Oda

\*In-Person 9.00 – 11:30am \$3.00 Senior Club Member \$9.00 Non-Member (Class maybe full, please inquire about Wait List)

# GO

With Tom and Kathy Allen \*In-Person 1:00 – 3:00pm \$3.00 Senior Club Member \$9.00 Non-Member

## Intermediate Japanese 1

with Cara Sakurai \*ZOOM 1<sup>st</sup> and 3<sup>rd</sup> Thursdays 6:00 – 7:00pm \$3.00 Senior Club Member \$9.00 Non-Member

# (Starting in June, Please call ahead of time as some classes may be on break)



Tatsu (Dragon)

**Friday** 

## Clipper Card (VTA & More) with Roxanne Coulon

\*In-Person 2<sup>nd</sup> Friday of Each Month 11:30am – 12:30pm \*Free

# U.F.O (Un-Finished Objects)

(Independent Work Social Club)

\*In-Person Last Friday of Each Month Noon- 3pm Free \*Specialty Workshops will have a fee

# Karaoke

*In-Person* 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Fridays 1:30 – 3:30pm \$3.00 Senior Club Member \$9.00 Non-Member

# <u>Ohakamairi</u>

Driven by YAK Staff \*Oak Hill Cemetery Last Friday of Each Month 2pm \$3/each: Assorted Flowers Bunch

## Game Night

Leaders: Sara Fritts, Debbie Saito, Jane Kawasaki \*In-Person Last Friday of Each Month 4:30-7:30pm

\$3.00 Senior Club Member \$9.00 Non-Member

\*\*\*We are currently holding both ZOOM and HYBRID (In-Person & ZOOM) Classes. In-Person classes follow YAK COVID-19 and Santa Clara Country Guidelines. Classes are subject to change pending current conditions/restrictions.

# **Akiyama Activities Calendar April/May/June 2024**

# Monday

## Tech Drop-In

#### with Jess Hutchins

\*In-Person Last Monday of Each Month 9:00 – 11:00am \$3.00 Senior Club Member \$9.00 Non-Member

#### Red Ladder

with Red Ladder Theater <u>Company</u>

\*In-Person 9:00 – 11:30am \$3.00 Senior Club Member \$9.00 Non-Member

#### Five Branches Acupuncture

(Appointment Only) \*In-Person 9:30 – 11:30am FREE – donations welcome Sr. Club Members- Appointment Priority

## Getting Started w/iPad

with Jess Hutchins \*ZOOM 11:00am – Noon \$3.00 Senior Club Member \$9.00 Non-Member

## iPad Class

with Jess Hutchins \*ZOOM 1:30 – 3:30pm \$3.00 Senior Club Member \$9.00 Non-Member

## Nirvana Fitness

with Megumi Riel \*ZOOM 4:00 – 5:00pm \$3.00 Senior Club Member \$9.00 Non-Member

Beginning Japanese with Emi Kume

\*ZOOM 6:00 – 7:30pm \$3.00 Senior Club Member \$9.00 Non-Member

# <u>Tuesday</u>

#### Enhance Fitness with Judy West

\*HYBRID 10:00 - 11:00am \$3.00 Senior Club Member \$9.00 Non-Member

## Yoga Basics (Beginning)

with Jeanne Wun \*ZOOM 8:45 – 9:30am \$3.00 Senior Club Member \$9.00 Non-Member \*Prerequisite: Beginning Yoga In-Person Workshop

# Yoga Flow

with Jeanne Wun \*ZOOM 10:00 – 11:00am \$3.00 Senior Club Member \$9.00 Non-Member Let's Put on Kimono/Yukata by Yourself! with Megumi Riel

In-Person 11:00am – 12:00pm \$3.00 Senior Club Member \$9.00 Non-Member

#### Senior Dancers with Shizuyo Cole \*In-Person

\*In-Person 1:00 – 2:30pm \$3.00 Senior Club Member \$9.00 Non-Member

#### <u>Nirvana Fitness</u> with Megumi Riel

\*200M 4:00 – 5:00pm \$3.00 Senior Club Member \$9.00 Non-Member

#### Adult Beginning Ballet with Megumi Riel \*ZOOM 5:45 – 6:45pm \$3.00 Senior Club Member \$9.00 Non-Member

#### Face Yoga with Megumi Riel

\*ZOOM 7:00 - 7:30pm \$3.00 Senior Club Member \$9.00 Non-Member

# **Wednesday**

#### Hatha Yoga with Natalia Dondoyano \*In-Person 7:00 – 8:00am \$5 Senior Club Members \$20 Non-Member \*Hatha Yoga is an independent rental offering a discount to Yu-Ai Kai Senior Club Members.

## Bocce Ball

with Jeff Sera 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays \**In-Person* 9:00 – 10:00 am \$3.00 Senior Club Members \$9.00 Non-Members

## **Five Branches Acupuncture**

(Appointment Only) \*In-Person 9:30 – 11:30am FREE – donations welcome Sr. Club Members – Appointment Priority

## Qigong with Masa

\*ZOOM 9:30 – 11:00am \$3.00 for Sr. Club Members \$9.00 for Non-Members

## **Reiki Treatment Session**

with Jeff Sera (Appointment Only) \*In-Person 2<sup>nd</sup> and 4<sup>th</sup> Wednesday 10:30am – Noon \$3.00 Senior Club Member \$9.00 Non-Member

## Nirvana Fitness

with Megumi Riel \*ZOOM 4:00 – 5:00pm \$3.00 Senior Club Member \$9.00 Non-Member

(Starting in June, Please call ahead of time as some classes maybe on break)

# **Thursday**

# Nirvana Fitness

<u>with Megumi Riel</u>

\*HYBRID 9:00 – 10:00am \$3.00 Senior Club Member \$9.00 Non-Member

## Mahjong with Ruby Saito

\*In-Person 10:00am – Noon \$3.00 Senior Club Members \$9.00 Non-Members

## <u>Yoga Flow</u>

## with Jeanne Wun \*ZOOM 10:00 – 11:00am \$3.00 Senior Club Member \$9.00 Non-Member

## Enhance Fitness

# with Judy West

\*HYBRID 10:00 - 11:00am \$3.00 Senior Club Member \$9.00 Non-Member

## iPad Class

<u>with Jess Hutchins</u> \*ZOOM 11:00am – 1:00pm \$3.00 Senior Club Member \$9.00 Non-Member

# <u>LaBlast</u>

with Megumi Riel \*HYBRID 11:15am – Noon \$3.00 Senior Club Member \$9.00 Non-Member

## <u>Tai Chi</u>

## with Lisa Wangsness & Tom Tan \*In-Person 1:00 – 2:00 pm \$3.00 Senior Club Member \$9.00 Non-Member

# Friday

Posture Fit

## with Nancy DeMattei \*HYBRID

10:00 – 11:00am \$3.00 Senior Club Member \$9.00 Non-Member

## Enhance Fitness

with Natalia Dondoyano \*HYBRID 11:15am – 12:15pm \$3.00 Senior Club Member \$9.00 Non-Member

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