Senior Day Service Activity Schedule

April 2024

YU-AI KAI

MON	TUES	WED	THURS	FRI
1	2	3	4	5
Exercises	Exercises	Exercises	Exercises	Exercises
Roll-a-Question	Circus Game	Craft - staff	Therapy dog Visit	Portrait Art
Tulip Game	Ring Toss	Bull's Eyes	Word Game	Ball Toss Game
Golf	Hoop Game	Fishing Game	Basketball	Table Bowling
8	9	10	11	12
Exercises	Exercises	Exercises	Exercises	Exercises
Memory Game	Craft - staff	Spoon Game	Spin the Wheel	Mystery Box
Kick Ball	Tic-Tac-Toe	Ring Toss	Bull's Eyes	Fishing Game
Circus Game	Shoji Game	Golf	Table Bowling	SDS Bingo
15	16	17	18	19
Exercises	Exercises	Exercises	Exercises	Exercises
Spoon Game	Mystery Box	Spin the Wheel	Craft - staff	Water Color Art
Coin Toss	Ball Toss Game	Tangrams	Wheel of Fortune	Tulip Game
Shoji Game	Golf	Table Bowling	Fishing Game	Basketball
22	23	24	25	26
Exercises	Exercises	Exercises	Exercises	Exercises
SDS Open House	SDS Open House	SDS Open House	SDS Open House	SDS Open House
Ring Toss	Fishing Game	Tic-Tac-Toe	Hoop Game	Shoji Game
Basketball	Shoji Game	Yu-Ai-Kai Bingo	Calendar Art	Calendar Art
29	30			
Exercises	Exercises			2
Craft - staff	Wheel of Fortune		"He	ppy-
Table Bowling	Basketball	Rolling and a		ster
Calendar Art	Calendar Art	SP La Cal		

Low sodium lunch served daily at 12 p.m. in county-funded nutrition site.

Physical and Mouth Exercises done daily (Activity schedule subject to change)